



## Director's Page, December 2009

We hope everyone enjoyed the Thanksgiving Holiday. As we turn the calendar to December, there is so much happening this month you may want to post your copy in order to keep up with all the fun activities at Adventures Preschool!

### **PARENT WORKSHOP SERIES**

The Parent Workshops are a series of workshops focusing on parent communication skills and pro-social development and behavior modification. Each workshop may be taken individually or in conjunction with each other.

Workshops are held at Adventures Preschool Children's Center on Wednesday nights from 7:00 -9:00 P.M. All are welcome! If you would like to attend we invite you to bring a traditional snack or dish to share. Adventures will provide a snack, coffee, soda and juice.

The following is the schedule for the remaining Parent Workshops:

Wednesday, February 10, 2010  
Allowing Childhood  
Presenter: Warmlines  
Anastasia Galanopoulos PH.D  
Time: 7:00 P.M. – 9:00 P.M.

Wednesday, March 10, 2010  
Fantasy Play

Presenter: Warmlines  
Deborah Weinstock-Savoy PH.D  
Time: 7:00 P.M. – 9:00 P.M.

### **THANK YOU**

We would like to take this opportunity to say thank you to all the families for contributing to the food drive and operation overcoat. Thanks to you many families in need from Massachusetts are warmer and safer this winter. Thank you also to "The Cleanest" on the South shore cleaning and for distributing all donations.

### **PARENT APPRECIATION NIGHTS DECEMBER 9<sup>TH</sup> AND 10<sup>TH</sup>**

Don't forget to sign up for our annual Parent Appreciation Nights. December is such a busy month, Adventures offers parents time to shop, wrap gifts, go to dinner or to just relax on Wednesday, December 9<sup>th</sup> and Thursday, December 10<sup>th</sup> from 6:00-9:00 P.M with free child care for all. Sign up sheets are posted or see your child's teacher. The children make English muffin pizzas (dinner will also include a vegetable and fruit) and have ice cream for dessert. They also get very excited to wear their PJs. We will be watching favorite holiday videos such as "Charlie Brown's Christmas" and "Rudolph the Red Nose Reindeer". If you have any holiday videos you would like to share please do not hesitate to bring it in!

### **SNACK LIST FOR DECEMBER**

**GRAINS:** toaster cakes, English muffins, whole wheat toast, bagels, multigrain toast, cinnamon raisin bread, mixed cereal, oatmeal bread potato, saltines, rice cakes, wheat thins, oyster crackers, 5 grain crackers, graham crackers

**FRUITS:** apples, raisins, fruit cup, applesauce, peaches, pears, pineapple, bananas, oranges

**VEGETABLES:** carrots, cucumbers, tomatoes, celery, peppers, broccoli

Milk is served each day with breakfast.

Juice is served each day with afternoon snack.

### **GIVING TREE**

As a part of our Community Outreach Project each year we ask for donations of items of warm clothing (such as socks, mittens, and hats) to provide to local families in need.

In the office hallway, you will see the "Giving Tree". Please take a slip of paper off the tree. Each slip has written on it an item for a child or a female/male adult. Thank you for any and all donations.

### **SNOW/HAZARDOUS WEATHER SCHOOL CLOSING**

In case of school closings due to snow and/or hazardous weather please tune in to Channel 7 (NBC) on television. If closed

**ADVENTURES PRESCHOOL  
CHILDREN'S CENTER** will be listed beginning at 6:00 A.M. Adventures Preschool no longer posts listings on the radio. Parents can also be

notified by cell phone. To take advantage of this feature, just go to [www.whdh.com](http://www.whdh.com) and click on "Snow Day Alert". Follow instructions on the web site.

### **CPR AND FIRST AID CLASSES**

Adventures Preschool will be hosting CPR and First Aid classes for parents, teachers and extended family and friends. Classes are held on Wednesday nights at Adventures Preschool Children's Center from 7:00 P.M. - 9:00 P.M. The cost for CPR is \$25 and the cost First Aid is \$30. Please make checks out to Richard Samaria. The schedule for the rest of the year is as follows:

No classes in December

January 6, 2010 – CPR  
January 20, 2010 – First Aid

February 3, 2010 – CPR  
February 17, 2010 – First Aid

March 3, 2010 – CPR  
March 17, 2010 – First Aid

April 7, 2010 – CPR  
April 21, 2010 – First Aid

May 5, 2010 – CPR  
May 19, 2010 – First Aid

Please sign up at the office if you are planning on attending any of these classes.

### **FESTIVAL OF LIGHTS**

**Chanukah** which is the Jewish Festival of Lights begins this year on Saturday, December 12, 2009 at sundown with candles lit on a menorah for 8 nights. On the first

night the shamus candle is lit as well as one other. Each night an additional candle is lit.

**Diwali** is celebrated by Hindus in **India**. Those celebrating this holiday light small clay lamps filled with oil to signify the triumph of good over evil within an individual. This year the holiday was celebrated on October 17<sup>th</sup>.

**St. Lucia Day** is celebrated on December 13<sup>th</sup>. In **Sweden**, the oldest daughter in the family dresses in a long white dress with a red sash. She wears a crown made of evergreen and decorated with candles on her head.

In **France** the Christian tradition of light during the Christmas season is demonstrated by the Advent Candles which are lit each of four consecutive Sundays before Christmas Day.

In **China**, Christians celebrate by lighting their house with lanterns. The children and teachers enjoy learning holiday traditions. If you would like to share a tradition with the children please, let us know.

In **Mexico**, the Festival of Lights is celebrated with **Las Posadas** on December 16<sup>th</sup>. Families march from house to house with candles replicating Mary and Joseph's search for a room.

**Kwanzaa** is the African American holiday for the Festival of Lights beginning on December 26<sup>th</sup>. Seven candles are lit for a week to represent the seven principles of Kwanzaa.

## HOLIDAY LUNCHEON

Friday, December 21, 2009 we will be hosting our annual holiday luncheon. There will be sign up sheets posted outside the classroom doors for parents to bring in food.



## BOOKS OF THE MONTH

### INFANTS & TODDLERS

The Animals' Christmas Eve by Gale Wiersum

My First Christmas by Tomie DePaola

Merry Christmas Mom and Dad by Mercer Mayer

The Chanukkah Guest by Eric A. Kimmel

### PRESCHOOL & PREK/K

The Bear Santa Claus Forgot by Diana Kimpton

My First Chanukah by Tomie DePaola

K Is For Kwanzaa A Kwanzaa Alphabet Book by Juwanda G. Ford

the Polar Express by Chris Van Allsburg

The Night of Las Posadas by Tomie DePaola

How the Grinch Stole Christmas By Dr. Seuss

The Legend of The Poinsettia by Tomie de Paola

Light The Lights by Margaret Mooman

Miracle of St. Nicholas by Gloria  
Whelan and Judith Brown

**WINTER BREAK**

Adventures Preschool will be closed  
on Thursday December 24, 2009  
through Friday, January 1, 2010 for  
our annual "Winter Break". The  
center will reopen on January 4,  
2010 at 7 A.M. On behalf of the  
teachers and administrative staff at  
Adventures Preschool we wish  
everyone Happy Holidays and a  
Wonderful New Year!

*Linda Silvia*     *Danielle St. Andre*  
**Director**             **Assistant Director**